2018-2019 (July 2018)

PSHE Service

Produced by

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Please note that unless stated otherwise, full day courses will include lunch.
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Developing RSE in Secondary & Special Schools

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Dear Colleague

We are pleased to present our PSHE course programme for 2018-19.

All our courses this year will take account of the content of the statutory Relationships and Sex Education/PSHE curriculum as it emerges.

The content of some individual courses can be reconstructed for a programme of in-school support or training, either in one school or a small group of schools. Please contact us if you wish to discuss such an arrangement.

To book a place on a course, please go to https://www.cambslearntogether.co.uk/services-to-schools/pshe/our-courses-and-conferences/.

We look forward to welcoming you to our courses.

Annabel Talbot
Manager PSHE Service
01480 376256
Annabel.talbot@cambridgeshire.gov.uk
Learn Together Cambridgeshire – Event Booking Terms and Conditions

Learn Together Cambridgeshire as part of Cambridgeshire County Council is committed to providing services that are of the highest standard and meet the needs of our customers.

The following terms are standard across all bookable events.

Transferring / Changing a Booking:

A booked place on an event can be transferred to another suitable staff member up to five working days prior to the event date. Customers to affect the change either by direct update to the online booking system or via email to the service delivering the event.

Any transfers within five working days will be accepted only in the case of exceptional circumstance.

Cancellations and Refunds:

Full refunds will be given in the following instances –
- Customers cancelling booking up to 15 working days prior to the event date
- Learn Together Cambridgeshire services cancelling the courses due to unforeseen circumstance, at any time

No refunds will be given for -
- Failure to attend a booked event
- Cancellation of booking within 15 working days of event date

Additional charges may be levied for -
- Failure to attend a subsidised/no charge event. Charges will be based on full (non-subsidised) cost of a standard place for the event or, in the case of SLA funded free of charge places, the place will be counted as used.
Changes to Events:

Services will endeavour to provide events as advertised however, reserve the right to change the date, location and provider of the events. All service led changes will not automatically result in refunds; payments will be transferred and will become subject to the terms and conditions above based upon the new date.

Payments:

It is expected all places booked will be paid in full prior to attendance. Services reserve the right to refuse entry to any attendees who have not paid. Any payments not received prior to the event will be expected to be settled immediately otherwise debt management procedures will be implemented. For those customers in receipt of an invoice, the payment will be due within the invoice payment term.

All event bookings are subject to these terms and conditions, you will be asked for confirmation of agreement to the conditions upon booking. Payment of event acts as automatic agreement to the terms and conditions.
Introduction to Mindfulness

This is an introduction to Mindfulness, a form of meditation recognised for its contribution to mental and physical wellbeing. It includes information about what is involved in developing it for ourselves and in schools, and some short mindfulness practices. The course is suitable for staff from primary, secondary and special schools. It is also open to staff working in other services as the school context only forms a small part of the session.

Aims:

- To develop awareness and understanding of mindfulness, including the research, the benefits and what it involves
- To enable participants to experience and explore some simple mindfulness practices
- To provide information about approaches to learning about and experiencing personal mindfulness
- To explain the pathways for training to teach mindfulness in schools

31st October 2018
Oliver Cromwell Hotel, High Street, March PE15 9LH

21st March 2019
Claret Centre
Buckden Towers, High Street
Buckden, PE19 5TA

1.30pm - 4.30pm

£75 for secondary & non-subscribing schools
£65 for subscribing schools

Annabel Talbot

To book, visit https://www.cambslearntogether.co.uk/services-to-schools/pshe/our-courses-and-conferences/

For more information: 01480 376256 or pshe@cambridgeshire.gov.uk or see the PSHE Service’s Mental & Emotional Wellbeing page

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www.cambridgeshire.gov.uk/learntogether
Drug and Alcohol Education in Secondary & Special Schools

Drug Education is a significant part of the new statutory subject Health Education. This course supports staff in reviewing drug policy and drug education programmes in secondary and special schools. We will consider drug education in the wider context of safeguarding and PSHE and look at robust procedures for responding to situations and incidents.

Aims:

- To develop awareness of the nature and effects of medical, recreational; legal and illegal drugs.
- To develop awareness of patterns of drug use amongst young people
- To build confidence in developing school drug policy
- To develop confidence in working with secondary students in drug education and build awareness of progression and resources
- To develop confidence in supporting students in drug-related-situations and incidents.

For more information: 01480 376256 or email: pshe@cambridgeshire.gov.uk
Visit PSHE Service’s Drug Education home page

To book, visit www.cambslearntogether.co.uk/services-to-schools/pshe/our-courses-and-conferences/

12th February 2019
Ambury House, Ermine Business Park, Sovereign Court, Lancaster Way, Huntingdon PE29 6XU
1.30pm - 4.30pm
Cost: £75
Cathy Murphy

Relationships and Sex Education and Health Education will become statutory in all schools for implementation in 2020. This course will help co-ordinators to plan for these changes. The course may also be appropriate for Students Support Officers and Pastoral Care staff.
Developing and Teaching RSE in Secondary & Special Schools

This full day course supports staff in developing Relationships & Sex Education (RSE) across the secondary school. The course will address policy development, awareness raising, building confidence in teaching RSE and communicating with members of the wider school community about RSE.

Aims:

• To reflect on the local and national impetus to develop RSE in secondary schools in the light of the forthcoming statutory status for RSE.
• To develop awareness of robust RSE Policy and ways to develop this in school
• To develop awareness of supportive materials for embedding RSE principles in broader school life
• To reflect on current practice and plan priorities for action in developing RSE.
• To develop confidence in considering topics such as pornography, healthy teenage relationships, accessing support and communication skills.
• To consider the role of RSE in understanding about consent, personal safety and assertiveness.
• To develop awareness of materials for delivering RSE.

18th March 2019
9.30am - 4.30pm
Ambury House, Ermine Business Park, Sovereign Court, Lancaster Way, Huntingdon PE29 6XU
Cost: £130
Cathy Murphy

For more information: 01480 376256 or pshe@cambridgeshire.gov.uk or see the PSHE Service’s Relationships & Sex Education page

To book, visit https://www.cambslearntogether.co.uk/services-to-schools/pshe/our-courses-and-conferences/
Developing RSE in Secondary & Special Schools

This course supports staff in reviewing policy and practice in Relationships & Sex Education in secondary schools, including a review of the national picture, consideration of the aims for RSE, progression from KS3 through to KS4 and methods for developing policy and practice across the school.

Aims:

• To reflect on the local and national impetus to develop RSE in secondary schools in the light of the forthcoming statutory status for RSE

• To develop awareness of robust RSE Policy and how ways to develop this in school

• To develop awareness of supportive materials for embedding RSE principles in broader school life

• To reflect on current practice and plan priorities for action in developing RSE

• Please note that this is the first part of a full day course on RSE. For those developing RSE across school, it is likely that both parts will be relevant

18th March 2019
9.30am - 12.30pm

Ambury House, Ermine Business Park, Sovereign Court, Lancaster Way, Huntingdon PE29 6XU

Cost: £75

Cathy Murphy

Relationships and Sex Education and health education will become statutory in all schools from September 2020. This course will help leaders to plan for these changes and assess progress.

For more information: 01480 376256 or pshe@cambridgeshire.gov.uk or see the PSHE Service’s Relationships & Sex Education page

To book, visit https://www.cambslearntogether.co.uk/services-to-schools/pshe/our-courses-and-conferences/

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Teaching RSE in Secondary & Special Schools

This course supports staff in secondary schools, in developing awareness of the progression of RSE learning objectives and building confidence in delivering high quality provision, which meets the needs of students.

Aims:

• To develop strategies for responding to student’s questions and disclosures relating to RSE.

• To develop confidence in considering topics such as pornography, healthy teenage relationships, accessing support and communication skills.

• To consider the role of RSE in understanding about consent, personal safety and assertiveness.

• To develop awareness of teaching materials for delivering RSE.

• Please note that this is the second part of a full day course on RSE. If you are reviewing or developing RSE in your school, we recommend that you attend the full day course.

18th March 2019
1.30pm - 4.30pm

Ambury House, Ermine Business Park, Sovereign Court, Lancaster Way, Huntingdon PE29 6XU

Cost: £75

Cathy Murphy

Relationships Education and Health Education will become statutory in all schools in September 2020. This course will help leaders to plan for these changes and assess progress.

For more information: 01480 376256 or pshe@cambridgeshire.gov.uk or see the PSHE Service’s Relationships & Sex Education page

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Sensitive Issues in Secondary RSE: Consent, Pornography and Sexting

This course is designed for secondary teachers and support staff who would like to build confidence in supporting students as they navigate issues around pornography, consent and sexting.

Aims:

• To reflect on personal values and non-judgemental approaches
• To review current provision in school around consent, pornography and sexting.
• To develop a clear view of progression when teaching about consent, pornography and sexting.
• To develop awareness of the key messages for students in these areas.
• To reflect on strategies for supporting students in negative situations relating to consent, pornography and sexting.

30th April 2019
1.30am - 4.30pm

Ambury House, Ermine Business Park, Sovereign Court, Lancaster Way, Huntingdon PE29 6XU

Cost: £75

Cathy Murphy

Relationships and Sex Education and Health Education will become statutory in all schools from September 2020. This course will help staff to plan for these changes and assess progress.

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PSHE Conference

Preparing for statutory status

Autumn 2019

Grafham Water Centre

To register your interest, please contact the PSHE Service
pshe@cambridgeshire.gov.uk