Vision:
Every child and young person is safe, healthy, confident, developing and participating

Core values
1. Partnership – promote and strengthen cross service and inter-agency collaboration through an integrated approach to addressing health, safety and wellbeing priorities for children and young people.
2. Relationships – model and demonstrate working together, care, respect, nurture and empowerment in all our work.
3. Wellbeing and learning – taking an holistic approach to health and wellbeing and the relationship between wellbeing and educational achievement.
4. Need – prioritise, plan, deliver and evaluate interventions based on the expressed needs of children and young people, schools and families.
5. Excellence – provide high quality interventions and services.
6. Impact – measure and demonstrate the impact and outcomes of our work.
7. People – work in partnership with schools and young people.

Outcome
To improve the health and wellbeing outcomes and educational achievement of children and young people.

Ways of working
1. Integrate our various work programmes, initiatives and projects to maximise efficiency of income and resource.
2. Establish strong relationships with schools and other agencies.
3. Develop and maintain excellent standards of service.
4. Develop and maintain excellent standards of service.
5. Develop and maintain excellent standards of service.

Contact us:
edwellbeing@cambridgeshire.gov.uk
01480 376256
Physical Education (PE)

We provide a full range of courses, in-school bespoke consultancy, guidance and advice for primary, secondary and special schools.

Courses include:
- Developing PE subject knowledge such as gymnastics, dance, games, swimming, outdoor and adventurous activities and athletics
- Subject leadership
- Risk management
- Health and safety guidance, support and advice
- Support for the wider workforce in PE and School Sport.

Courses can be tailor made for in-school consultancy.

Other areas for consultancy include:
- Support for the subject leader to plan the PE programme
- Support for individual teachers such as QTS in a specific aspect of PE
- Practical training sessions for the whole staff in one area of PE, such as gymnastics or dance
- Practical approaches to using all your gymnastics equipment and large apparatus for the whole staff
- Reviewing aspects of current practice such as schemes of learning, teaching and learning approaches, lesson quality, pupil progression and outcomes, and planning the next steps for development
- Guidance and support in the writing of health and safety policies and/or risk assessments
- Support in assessing and monitoring the quality of non-QTS staff.

These can be delivered via full day, half day events or in staff meetings.

For further information contact:
carol.gronow@cambridgeshire.gov.uk
01480 376256

Personal Social and Health Education (PSHE)

We provide guidance, consultancy, training and resources to support and enhance the health and wellbeing of children and young people and their learning.

This includes the curriculum for PSHE and Citizenship: its content, approaches to teaching and learning, monitoring and assessment. We also support school leaders and staff to develop a whole school approach to promoting wellbeing, which includes the school’s ethos and values, policy development, staff training, pupil voice and home-school partnership working.

Themed areas include:
- Sex and Relationships Education
- Drug education
- Mental and emotional wellbeing, including loss and change
- Healthy relationships, including Anti-bullying
- Healthy eating
- Safety
- Financial capability.

Key programmes include:
- Cambridgeshire Primary Personal Development Programme
- Life Education
- Understanding and Managing Risk
- Kick Ash
- Conflict Resolution and Peer Mediation
- Promoting Health in Early Years Settings
- Celebrating Girls’ Friendships.

For further information contact:
pshe@cambridgeshire.gov.uk • 01480 376256

The Duke of Edinburgh’s Award

The DoF Award is a balanced programme of activities for young people in Year 9+. The Award develops the whole person in an environment of social interaction and team working. Taking part builds confidence and develops self-esteem. It requires persistence, commitment and has a lasting impact on the attitudes and outlook of all young people who do their DoF.

The Award has 10 guiding principles:
- Non-competitive
- Achievable by all
- Voluntary
- Personal Development
- Personalised
- Balanced
- Progressive
- Achievement focused
- Demand commitment
- Enjoyable.

This service provides advice, help and guidance, and training to DoF Centres, Centre DoF coordinators, individual participants and parents, and anyone involved in any aspect of the 5 sections associated with the DoF Award. The Award credits individuals with their commitment to a broad range of personally selected activities in the following sections:
- Volunteering
- Physical
- Skill
- Expedition
- Residential (Gold Only).

For further information contact:
tracy.grant@cambridgeshire.gov.uk
01223 715492 • 07770 222402
www.dofecambs.org

Outdoor Education

This service provides information, advice, support, guidance and training in outdoor education, adventure activities, learning outside the classroom and school visits. Training opportunities include:
- Educational Visit Coordinator
- Visit Leader
- Outdoor Learning Cards
- Outdoor First Aid
- Countryside Leader Award
- Visit Emergency Training.

Schools, academies and partner organisations should contact the Outdoor Education Adviser direct to discuss specific training requirements to meet identified bespoke needs.

The Outdoor Education Service has developed a personalised service based on knowing the needs of its customers, ensuring that support can be accessed through and by a range of sources including email, telephone or face to face. The service also gives schools and partner organisations access to a comprehensive stand-alone web base system to allow them to record, monitor and evaluate off site visits. The service also maintains oversight and approves visits on the system with an adventurous or abroad element.

Whether you are:
- a teacher wanting to take children outside the classroom and require some practical hands-on advice
- a member of staff who wishes to go further afield and who needs support and training
- an Educational Visits Coordinator who needs advice
- a head teacher with questions, this service is here to assist.

For further information contact:
outdoor.education@cambridgeshire.gov.uk
01480 379677